Sexual partners should be treated simultaneously to reduce spread.

Multiple sexual partners

Unfortunately, trichomonias is excluded from most STI screening programs.

Trichomonas vaginalis is the most prevalent non-viral sexually transmitted disease worldwide.

A history of other sexually transmitted infections

A previous episode of trichomoniasis

About 1 in 5 people get infected again within 3 months after receiving treatment, therefore management of contacts is critical to reduce recurrence.

The infection is asymptomatic in 70% of individuals. However, consult a doctor if you experience any of the following:

In women:
- Genital irritation
- Pain with urination or sexual intercourse
- Malodorous (“fishy smelling”), yellow frothy discharge

In men:
- Discharge from the penis
- Irritation inside the penis
- Burning with urination or after ejaculation

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Correct and consistent use of latex condoms (be aware, the parasite can infect areas that are not covered by a condom.)

Open communication with sexual partners

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References

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Signs/Symptoms

Overview

Trichomoniasis is a sexually transmitted infection caused by the parasite Trichomonas vaginalis.

Infections can be very dangerous for pregnant mothers & their children.

Global Impact

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Disease Severity

• Infection can increase the risk of acquiring other STIs such as HIV

• People may be infected for years and transmitting the infection without knowing

• Trichomoniasis may cause serious complications for pregnant mothers and their children including:
  - postabortal infection
  - postcesarean infection
  - low birth weight in infants
  - preterm delivery

Key Notes

Richomonas vaginalis is the most prevalent non-viral sexually transmitted disease worldwide.

A history of other sexually transmitted infections

A previous episode of trichomoniasis

Having sex without a condom

Prevention

Risk Factors

Multiple sexual partners

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